



Infowar School

**FOOD, WATER AND
HEALTH
COURSE LEVEL 1**



This course is under construction. More information and topics will be added soon.
Last update: June 17, 2021.

FREE

Shawn Almeida

2021
VERSION 1.0

Food, Water and Health

Course Level 1

By Shaun Almeida

This is a free publication from the Infowar School created to raise awareness about the New World Order. Please share this book with everyone.

[Click here to check the Infowar School Library for the latest version of this course PDF.](#)



Published online by Infowarschool.com
2021
Version 1.0

Table of Contents

TABLE OF CONTENTS.....	3
CURE CANCER AND OTHER DISEASE.....	4
IN LIES WE TRUST: THE CIA, HOLLYWOOD AND BIOTERRORISM FULL LENGTH DOCUMENTARY.....	4
COVID-19.....	5
<i>Highly Effective Covid-19 Treatments.....</i>	<i>5</i>
<i>Hydroxychloroquine.....</i>	<i>5</i>
<i>Budesonide.....</i>	<i>6</i>
FLUORIDE IN OUR WATER SUPPLY.....	7
50 REASONS TO OPPOSE FLUORIDATION.....	7
<i>6) Fluoride is not an essential nutrient.</i>	<i>7</i>
<i>8) Fluoride accumulates in the body.</i>	<i>7</i>
<i>9) No health agency in fluoridated countries is monitoring fluoride exposure or side effects.</i>	<i>7</i>
<i>10) There has never been a single randomized controlled trial to demonstrate fluoridation's effectiveness or safety.</i>	<i>8</i>
GMO FOOD.....	8
CONTROLLING OUR FOOD THE WORLD ACCORDING TO MONSANTO FULL LENGTH DOCUMENTARY.....	8
THE FOOD AND DRUG ADMINISTRATION (FDA).....	8
<i>Aspartame.....</i>	<i>8</i>

Cure Cancer and Other Disease

Our governments know that eating marijuana cures cancer and has numerous other health benefits. They won't allow us to save ourselves by simply growing plants and consuming them. They want us to pay for expensive chemotherapy that kills more people than it saves.

Rick Simpson has cured many people of cancer using hemp oil (marijuana oil). In Nova Scotia, Canada, Rick Simpson helped someone from Macca Royal Canadian Legion 134 cure them self of cancer and the people at the Legion wanted to make it known to help others. They contacted the Provincial Command for the Legion and told them about the cure and the command shut down the legion. The provincial command ignored the fact that hemp oil could cure cancer and instead said that it was an illegal drug so the didn't want anything to do with it.

In 2004, Rick Simpson contacted the Canadian Cancer Society about hemp oil curing cancer. This was their response...

'The Society does not endorse or support medical products or dietary supplements...thanks for the information. We wish you luck in your work.'
- Canadian Cancer Society.

With all the fundraising and sob story commercials the Candian Cancer Society produces Talking about how they are 'running for the cure', dont you think that they would be interested in a cure? Oh but they can't be because they don't endorse 'medical products'. If your looking for a cure but you don't endourse medical products what kind of cure are you looking for? The truth is they are not looking for the cure. That is more than obvious by their actions.

In 2005 the Royal Canadian Mounted Police raided Rick Simpson and took his plants away but they did not charge him at that time. Eventually Rick was charged for trafficking drugs.

At his trial Rick had four dozen statements from people who used hemp oil to cure cancer and other conditions, ten patients and six doctors were ready to testify but were not allowed to testify. Rick Simpson was convicted of drug trafficking but he gave all the oil away for free so he wasn't trafficking. Chemo therapy kills more people than it saves.

https://www.youtube.com/watch?v=Gp3lo88_ptQ

[In Lies We Trust: The CIA, Hollywood and Bioterrorism Full Length Documentary](#)

[Youtube channel: mikemb123](#)

"This feature length documentary about medical madness, cloaked in bioterrorism preparedness, will awaken the brain dead. It exposes health officials, directed by the Central Intelligence Agency (CIA), for conducting a "War of Terror" that is killing millions of unwitting Americans. This urgent life-saving DVD comes without copyright restrictions. Every viewer is encouraged to reproduce and distribute copies to others.

[Click here to watch.](#)

COVID-19

This Topic is Under Construction:

There are many aspects to this topic that will be presented in the next update. At this point the most important thing to focus on is how to stop covid. there is effective medicine that stops the disease quickly and safely.

Covid-19 is a big problem for our world. the effects are greater than just making people sick. Covid-19 has shut down a great deal of the world and has disrupted supplies of food. It has also prevented treatments for cancer and other diseases because hospitals are cancelling those treatments. The worst part is the two is using covid-19 to bring in their technocracy. they are trying to control our movements and track everywhere we go and who we talk to. They are even using coercion to make us take experimental injections that killed most of the animals in their tests. The two corporations are benefitting and getting wealthier because they are allowed to be open while smaller family owned business are called unessential and forced to close. Many of them are now closed permanently because they lost too much money. They are making us poor and dependant on their government payments to survive.

The most revealing aspect of this pandemic is how the people who are part of the two that are present in the United Nations and in our governments are suppressing highly effective treatments. In this topic we will look at the most important point which is how to stop the pandemic. There are many other important topics concerning covid-19 that will be covered in more detail after this course is updated.

Highly Effective Covid-19 Treatments

Prevention and treatment are needed to stop people from getting sick and dying. It has been shown that having enough vitamin D with vitamin K2, zinc and omega-3 will protect you from getting seriously ill with covid-19 or keep you from even being infected. All three of these things are inexpensive and easy to produce but many governments are not using them because there are traitors who are part of the N.W.O. in all the governments of the world. They tell us to stay home and take aspirin to treat covid-19 because there is no other treatment. But there are effective treatments.

Hydroxychloroquine

There is more than one treatment. Here is the first. Doctors around the world are finding huge success using Hydroxychloroquine with zinc and an antibiotic called azithromycin. They report that patients using this treatment show no symptoms in as little as twelve hours.

The people who are part of the N.W.O. did a dishonest study to try and show that hydroxychloroquine does not work by giving people doses that are too high and using patients that were the most likely to die because they were elderly or had other serious illnesses. Why would anyone put out a dishonest study like that? Because making billions of dollars from vaccine sales is part of the N.W.O. covid-19 program.

Dr.Fauci and the NIH funded the creation of a new coronavirus in China at the Wuhan lab where the outbreak originated. The lab was trying to find ways to get coronavirus that were only found in animals to transfer to humans and then spread among humans. Scientists have found evidence that covid-19 was genetically modified in a laboratory which means that it is man made and did not happen naturally.

Dr. Fauci and the NIH also have a financial stake in a company that is making vaccines for covid-19 and Fauci and the NIH are part of the people that are trying to stop effective treatments like Hydroxychloroquine which they do not own. Hydroxychloroquine is not patented anymore and anyone can make it so the N.W.O. can't use it to make billions of dollars as the kill us.

Budesonide

Another treatment is asthma medicine called budesonide. Dr.Richard Bartlett who is part of the covid-19 task force in texas used budesonide to treat his patients and all of them survived. Even a woman who had two forms of cancer and received chemo therapy one month earlier was successfully treated with budesonide after she had the virus for almost a week. As you know when someone receives chemo therapy their immune system is weakened so even with a person who is seriously ill, budesonide works. She was treated on Friday and went back to work Monday because she tested negative twice. Another woman treated with budesonide by Dr. Bartlett smoked for fifty years, had quadruple bypass surgery, has high blood pressure and thyroid disease. She was treated with budesonide and during the first treatment she could breathe better her fever broke and chest pain went away. She was soon tested negative twice and survived.

In Taiwan and Japan and Singapore they use asthma medicine just like budesonide (a corticosteroid) to cure covid-19. They don't social distance because there is no room there to spread people out. As of august 7, 2020: In Taiwan, population 24 million - 7dead. In Japan, population 120 million - less than 1000 dead. In Singapore, population 5 million - 12 dead. That's about 1000 dead out of 150 million people. Those are much better results than the countries that are trying to suppress these treatments.

The best way to take a corticosteroid like budesonide is to use a nebulizer to inhale it so it goes right to the source of the problem. A regular inhaler does not get the medicine deep enough into your lungs but its better than nothing if that's all you have. Budesonide has been available for over 20 years and is safe enough to use on a 2 pound premature baby or fragile elderly people. It is not patented and cheap and plentiful.

NIH is conducting a study on budesonide that won't be finished until October while Dr. Bartlett and other doctors save people today. The criteria for the NIH study is to only use budesonide on people that have pneumonia, are in the intensive care unit and are on a ventilator before they test it in their study. The study is set up to fail because they don't want to have any cure except their vaccine. Covid-19 has already mutated 250 times so a vaccine won't work just like the common cold. There is no vaccine possibility. Budesonide and other corticosteroids work on all mutations of the virus.

Animals can be cured with a medicine that is used as a dewormer called ivermectin. Invitro studies show that ivermectin kills the virus 90 percent in 24 hours and 100 percent in 48 hours. It has also been sucessfully used to treat humans with covid and has stopped the virus in them.

We can eliminate covid-19 forever if we start treating it properly and stop sending people home to take aspirin until there symptoms become life threatening before they are treated.

Fluoride in Our Water Supply

<https://fluoridealert.org/>

<https://www.fluoridealert.org/wp-content/uploads/50-reasons.pdf>

<https://fluoridealert.org/articles/50-reasons/#>

50 Reasons to Oppose Fluoridation

in this document written by Paul Connett, PHD of the Fluoride Action Network, you can see how harmful flouride is for you. [Click here.](#)

6) Fluoride is not an essential nutrient.

No disease, not even tooth decay, is caused by a “[fluoride deficiency](#).”(NRC 1993; Institute of Medicine 1997, NRC 2006). Not a single biological process has been shown to require fluoride. On the contrary there is extensive evidence that fluoride can interfere with many important biological processes. Fluoride interferes with numerous enzymes (Waldbott 1978). In combination with aluminum, fluoride interferes with G-proteins (Bigay 1985, 1987). Such interactions give aluminum-fluoride complexes the potential to interfere with signals from growth factors, hormones and neurotransmitters (Strunecka & Patocka 1999; Li 2003). More and more studies indicate that fluoride can interfere with [biochemistry](#) in fundamental ways (Barbier 2010).

8) Fluoride accumulates in the body.

Healthy adult kidneys excrete 50 to 60% of the fluoride ingested each day (Marier & Rose 1971). The remainder accumulates in the body, largely in calcifying tissues such as the bones and [pineal gland](#) (Luke 1997, 2001). Infants and children [excrete less](#) fluoride from their kidneys and take up to 80% of ingested fluoride into their bones (Ekstrand 1994). The fluoride concentration in bone steadily increases over a lifetime (NRC 2006).

9) No health agency in fluoridated countries is monitoring fluoride exposure or side effects.

No regular measurements are being made of the levels of fluoride in urine, blood, bones, hair, or nails of either the general population or sensitive subparts of the population (e.g., individuals with [kidney disease](#)).

10) There has never been a single randomized controlled trial to demonstrate fluoridation's effectiveness or safety.

Despite the fact that fluoride has been added to community water supplies for over 60 years, “there have been no randomized trials of water fluoridation” (Cheng 2007).

Randomized trials are the standard method for determining the safety and effectiveness of any purportedly beneficial medical treatment. In 2000, the British Government’s “York Review” could not give a single fluoridation trial a Grade A classification – despite 50 years of research (McDonagh 2000). The U.S. Food and Drug Administration (FDA) continues to classify fluoride as an “unapproved new drug.”

GMO Food

<https://www.youtube.com/watch?v=oPt6UG1cJdI>

Controlling Our Food The World According To Monsanto Full Length Documentary
Youtube Channel: Dean F

This documentary will show you how gmo food is being used. [Click here to watch.](#)

More details on gmo food will be added when this course is updated but there is a lot of information that can be found in the above documentary.

The Food and Drug Administration (FDA)

The food and drug administration is not as useful as you might think. This aspartame story is just one example of how the FDA is not an organization that can just be trusted without careful oversite. Every government organization needs careful oversite.

Aspartame

The aspartame patent is owned by Searle and they manufacture aspartame. Donald Rumsfeld was the CEO of searle. For 16 years aspartame could not get aproval from the FDA (food and drug administration). When Donald Rumsfeld became part of Ronald Ragans government he appointed a new commissioner to the FDA and then aspartame was suddenly approved and all the negative health effects were ignored.

<https://www.arizonaadvancedmedicine.com/articles/2013/june/aspartame-history-of-getting-fda-approval/>

Aspartame - History of Getting FDA Approval

By Arizona Center for Advanced Medicine

June 26, 2013

Aspartame has been controversial since day one. Searle, the manufacturer, had failed to win FDA approval for 16 years and was under investigation for performing fraudulent studies. Aspartame was suddenly approved in 1981 when Donald Rumsfeld, former CEO of Searle and new member of President Ronald Reagan's transition team, appointed a new FDA commissioner.

The controversy never died down. Today for example, the State of New Mexico is attempting to ban aspartame. It is banned in Japan and officially discouraged in China. But in the USA, the FDA and lobbying groups like the Calorie Council continue to proclaim its safety.

A 1996 review of past research conducted on aspartame found that every industry-funded study had said the sweetener was safe to consume. However 92 percent of independent studies claim one or more problems exist with its use, the British newspaper the Guardian reported.

<https://www.youtube.com/playlist?list=PLE88B7B0ABAE2EE4C>

[Codex Alimentarius Lecture by Ian R. Crane](#)

[Youtube channel: awfultin](#)

In this video by Ian R. Crane you will hear about some of the two plan to attack our health. [Click here to watch.](#)